Karl Marx (1818–1883)

ESTRANGED LABOR

... Political economy starts with the fact of private property; it does not explain it to us. It expresses in general, abstract formulas the *material* process through which private property actually passes, and these formulas it then takes for *laws*. It does not *comprehend* these laws—i.e., it does not demonstrate how they arise from the very nature of private property. Political economy does not disclose the source of the division between labor and capital, and between capital and land. When, for example, it defines the relationship of wages to profit, it takes the interest of the capitalists to be the ultimate cause, i.e., it takes for granted what it is supposed to explain. Similarly, competition comes in everywhere. It is explained from external circumstances. As to how far these external and apparently accidental circumstances are but the expression of a necessary course of development, political economy teaches us nothing. We have seen how exchange itself appears to it as an accidental fact. The only wheels which political economy sets in motion are greed, and the *war amongst the greedy—competition*.

Precisely because political economy does not grasp the way the movement is connected, it was possible to oppose, for instance, the doctrine of competition to the doctrine of monopoly, the doctrine of the freedom of the crafts to the doctrine of the guild, the doctrine of the division of landed property to the doctrine of the big estate—for competition, freedom of the crafts and the division of landed property were explained and comprehended only as accidental, premeditated and violent consequences of monopoly, of the guild system, and of feudal property, not as their necessary, inevitable and natural consequences.

Now, therefore, we have to grasp the intrinsic connection between private property, greed, the separation of labor, capital and landed property; between exchange and competition, of value and the devaluation of man, of monopoly and competition, etc.—the connection between this whole estrangement and the *money* system.

Do not let us go back to a fictitious primordial condition as the political economist does, when he tries to explain. Such a primordial condition explains nothing; it merely pushes the question away into a grey nebulous distance. It assumes in the form of a fact, of an event, what the economist is supposed to deduce—namely, the necessary relationship between two things—between, for example, division of labor and exchange. Theology in the same way explains the origin of evil by the fall of man—that is, he assumes as a fact, in historical form, what has to be explained.

We proceed from an economic fact of the present.

^{*} Karl Marx, *The Economic and Philosophic Manuscripts of 1844*, ed. Dirk J. Struik (International Publishers, 1964). The Struik edition features the Milligan translation, along with an introduction and changes made to the translation, both by Struik. The excerpts here span pages 106–17.

The worker becomes all the poorer the more wealth he produces, the more his production increases in power and size. The worker becomes an ever cheaper commodity the more commodities he creates. With the *increasing value* of the world of things proceeds in direct proportion to the *devaluation* of the world of men. Labor produces not only commodities; it produces itself and the worker as a *commodity* —and this at the same rate at which it produces commodities in general.

This fact expresses merely that the object which labor produces—labor's product—confronts it as *something alien*, as a *power independent* of the producer. The product of labor is labor which has been embodied in an object, which has become material: it is the *objectification* of labor. Labor's realization is its objectification. In the sphere of political economy this realization of labor appears as loss of *realization* for the workers; objectification as loss of the object and *bondage* to it; appropriation as *estrangement*, as *alienation*.

So much does labor's realization appear as loss of realization that the worker loses realization to the point of starving to death. So much does objectification appear as loss of the object that the worker is robbed of the objects most necessary not only for his life but for his work. Indeed, labor itself becomes an object which he can obtain only with the greatest effort and with the most irregular interruptions. So much does the appropriation of the object appear as estrangement that the more objects the worker produces the less he can possess and the more he falls under the sway of his product, capital.

All these consequences are implied in the statement that the worker is related to the *product of his labor* as to an *alien* object. For on this premise it is clear that the more the worker spends himself, the more powerful becomes the alien world of objects which he creates over and against himself, the poorer he himself—his inner world—becomes, the less belongs to him as his own. It is the same in religion. The more man puts into God, the less he retains in himself. The worker puts his life into the object; but now his life no longer belongs to him but to the object. Hence, the greater this activity, the greater is the worker's lack of objects. Whatever the product of his labor is, he is not. Therefore, the greater this product, the less is he himself. The *alienation* of the worker in his product means not only that his labor becomes an object, an *external* existence, but that it exists *outside him*, independently, as something alien to him, and that it becomes a power on its own confronting him. It means that the life which he has conferred on the object confronts him as something hostile and alien.

Let us now look more closely at the *objectification*, at the production of the worker; and in it at the *estrangement*, the loss of the object, of his product.

The worker can create nothing without *nature*, without the *sensuous external world*. It is the material on which his labor is realized, in which it is active, from which, and by means of which it produces.

But just as nature provides labor with the *means of life* in the sense that labor cannot *live* without objects on which to operate, on the other hand, it also provides the *means of life* in the more restricted sense, i.e., the means for the physical subsistence of the *worker* himself.

Thus the more the worker by his labor *appropriates* the external world, sensuous nature, the more he deprives himself of *means of life* in a double manner: first, in that the sensuous external world more and more ceases to be an object belonging to his labor—to be his labor's *means of life*; and, secondly, in that it more and more ceases to be *means of life* in the immediate sense, means for the physical

subsistence of the worker.

In both respects, therefore, the worker becomes a slave of his object, first, in that he receives an *object of labor*, i.e., in that he receives *work*, and, secondly, in that he receives *means of subsistence*. Therefore, it enables him to exist, first as a *worker*; and second, as a *physical subject*. The height of this bondage is that it is only as a *worker* that he can maintain himself as a *physical subject* and that it is only as a *physical subject* that he is a *worker*. ...

Political economy conceals the estrangement inherent in the nature of labor by not considering the direct relationship between the worker (labor) and production. It is true that labor produces for the rich wonderful things—but for the worker it produces privation. It produces palaces—but for the worker, hovels. It produces beauty—but for the worker, deformity. It replaces labor by machines, but it throws one section of the workers back into barbarous types of labor and it turns the other section into a machine. It produces intelligence—but for the worker, stupidity, cretinism.

The direct relationship of labor to its products is the relationship of the worker to the objects of his production. The relationship of the man of means to the objects of production and to production itself is only a consequence of this first relationship—and confirms it. We shall consider this other aspect later. When we ask, then, what is the essential relationship of labor we are asking about the relationship of the worker to production.

Till now we have been considering the estrangement, the alienation of the worker only in one of its aspects, i.e., the worker's *relationship to the products of his labor*. But the estrangement is manifested not only in the result but in the *act of production*, within the *producing activity*, itself. How could the worker come to face the product of his activity as a stranger, were it not that in the very act of production he was estranging himself from himself? The product is after all but the summary of the activity, of production. If then the product of labor is alienation, production itself must be active alienation, the alienation of activity, the activity of alienation. In the estrangement of the object of labor is merely summarized the estrangement, the alienation, in the activity of labor itself.

What, then, constitutes the alienation of labor?

First, the fact that labor is *external* to the worker, i.e., it does not belong to his essential nature; that in his work, therefore, he does not affirm himself but denies himself, does not feel content but unhappy, does not develop freely his physical and mental energy but mortifies his body and ruins his mind. The worker therefore only feels himself outside his work, and in his work feels outside himself. He is at home when he is not working, and when he is working he does not feel at home. His labor is therefore not voluntary, but coerced; it is *forced labor*. It is therefore not the satisfaction of a need; it is merely a *means* to satisfy needs external to it. Its alien character emerges clearly in the fact that as soon as no physical or other compulsion exists, labor is shunned like the plague. External labor, labor in which man alienates himself, is a labor of self-sacrifice, of mortification. Lastly, the external character of labor for the worker appears in the fact that it is not his own, but someone else's, that it does not belong to him, that in it he belongs, not to himself, but to another. Just as in religion the spontaneous activity of the human imagination, of the human brain and the human heart, operates independently of the individual—that is, operates as an alien, divine or diabolical activity—so is the worker's activity not his spontaneous activity. It belongs to another; it is the loss of his self.

As a result, therefore, man (the worker) only feels himself freely active in his animal functions—eating, drinking, procreating, or at most in his dwelling and in dressing-up, etc.; and in his human functions he no longer feels himself to be anything but an animal. What is animal becomes human and what is human becomes animal.

Certainly eating, drinking, procreating, etc., are also genuinely human functions. But taken abstractly, separated from the sphere of all other human activity and turned into sole and ultimate ends, they are animal functions.

We have considered the act of estranging practical human activity, labor, in two of its aspects. (1) The relation of the worker to the *product of labor* as an alien object exercising power over him. This relation is at the same time the relation to the sensuous external world, to the objects of nature, as an alien world inimically opposed to him. (2) The relation of labor to the *act of production* within the *labor* process. This relation is the relation of the worker to his own activity as an alien activity not belonging to him; it is activity as suffering, strength as weakness, begetting as emasculating, the worker's *own* physical and mental energy, his personal life indeed, what is life but activity?—as an activity which is turned against him, independent of him and not belonging to him. Here we have *self-estrangement*, as previously we had the estrangement of the *thing*.

We have still a third aspect of estranged labor to deduce from the two already considered. ...

In estranging from man (1) nature, and (2) himself, his own active functions, his life activity, estranged labor estranges the *species* from man. It changes for him the *life of the species* into a means of individual life. First it estranges the life of the species and individual life, and secondly it makes individual life in its abstract form the purpose of the life of the species, likewise in its abstract and estranged form.

Indeed, labor, *life activity, productive life* itself, appears to man in the first place merely as a *means* of satisfying a need—the need to maintain physical existence. Yet the productive life is the life of the species. It is life-engendering life. The whole character of a species—its species-character—is contained in the character of its life activity; and free, conscious activity is man's species-character. Life itself appears only as a *means to life*.

The animal is immediately one with its life activity. It does not distinguish itself from it. It is *its life activity*. Man makes his life activity itself the object of his will and of his consciousness. He has conscious life activity. It is not a determination with which he directly merges. Conscious life activity distinguishes man immediately from animal life activity. It is just because of this that he is a speciesbeing. Or it is only because he is a species-being that he is a conscious being, i.e., that his own life is an object for him. Only because of that is his activity free activity. Estranged labor reverses the relationship, so that it is just because man is a conscious being that he makes his life activity, his essential being, a mere means to his existence.

In creating a *world of objects* by his practical activity, in *his work upon* inorganic nature, man proves himself a conscious species-being, i.e., as a being that treats the species as its own essential being, or that treats itself as a species-being. Admittedly animals also produce. They build themselves nests, dwellings, like the bees, beavers, ants, etc. But an animal only produces what it immediately needs for itself or its young. It produces one-sidedly, whilst man produces universally. It produces only under the

dominion of immediate physical need, whilst man produces even when he is free from physical need and only truly produces in freedom therefrom. An animal produces only itself, whilst man reproduces the whole of nature. An animal's product belongs immediately to its physical body, whilst man freely confronts his product. An animal forms only in accordance with the standard and the need of the species to which it belongs, whilst man knows how to produce in accordance with the standard of every species, and knows how to apply everywhere the inherent standard to the object. Man therefore also forms objects in accordance with the laws of beauty. ...

Estranged labor turns thus:

- (3) *Man's species-being*, both nature and his spiritual species-property, into a being alien to him, into a *means* of his *individual existence*. It estranges from man his own body, as well as external nature and his spiritual essence, his *human* being.
- (4) An immediate consequence of the fact that man is estranged from the product of his labor, from his life activity, from his species-being, is the *estrangement of man* from *man*. When man confronts himself, he confronts the *other* man. What applies to a man's relation to his work, to the product of his labor and to himself, also holds of a man's relation to the other man, and to the other man's labor and object of labor.

In fact, the proposition that man's species-nature is estranged from him means that one man is estranged from the other, as each of them is from man's essential nature.

The estrangement of man, and in fact every relationship in which man [stands] to himself, is realized and expressed only in the relationship in which a man stands to other men.

Hence within the relationship of estranged labor each man views the other in accordance with the standard and the relationship in which he finds himself as a worker. ...

Through estranged, alienated labor, then, the worker produces the relationship to this labor of a man alien to labor and standing outside it. The relationship of the worker to labor creates the relationship to it of the capitalist (or whatever one chooses to call the master of labor). Private property is thus the product, the result, the necessary consequence, of alienated labor, of the external relation of the worker to nature and to himself.

Private property thus results by analysis from the concept of alienated labor, i.e., of alienated man, of estranged labor, of estranged life, of estranged man.

True, it is as a result of the movement of private property that we have obtained the concept of alienated labor (of alienated life) from political economy. But on analysis of this concept it becomes clear that though private property appears to be the source, the cause of alienated labor, it is rather its consequence, just as the gods are originally not the cause but the effect of man's intellectual confusion. Later this relationship becomes reciprocal.

Only at the culmination of the development of private property does this, its secret, appear again, namely, that on the one hand it is the product of alienated labor, and that on the other it is the means by which labor alienates itself, the realization of this alienation.